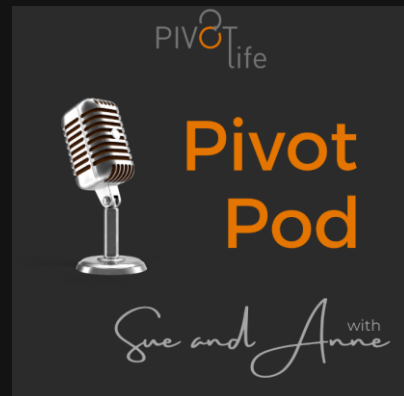


Season 2 - Episode # 8

Life is Short - don't wait to make the choice

Bel Temby's realisation that her dreams for the future and the way of life she wanted could be now and not 10 years into the future. She and her husband asked the question 'why not', indeed their choice was made and they took the gamble to shift their lives in ways that have bought them to a new home, new town and new way of living and being.



Top Tips

Simple Steps to Action

Be willing to take a risk - A pivot doesn't have to come by being thrust upon you. You can make a choice to pivot.

Write down your vision of what your life looks like after taking a pivot. How does it feel and what does your day look like?

You don't need to mortgage the house or risk something huge – but you do need to risk doing *something* differently.

Write down the things you must let go of for the pivot to happen. Is it a risk worth taking?

Always ask why not

We always ask why and that's great. But do you have a good answer for "Why not"?

Be Kind. How can you pivot, be your best self AND be kind while making a change?

Write down how your pivot might impact the people around you and how you'll be kind.

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