

## Episode # 23 Pivot Point Story: Hollie Andrew



Hollie Andrew had forged a successful career as an Actor, Singer and Writer yet it was time to change her life and life style with her partner Nick they created a new life with redefined goals using her craft sharing all that she knew with veterans, people with disabilities and the new community for which they have now settled

### Top Tips

Find what makes you happy- personally and professionally. The storms will come, but they will pass far more easily when you know and understand the things (big and small) that make you happy.

Look for, understand and practice your life purpose. This may not be something you've known since childhood and it may change – but when you are on the right path or tracking on your life's purpose – you'll know because it will feel right and your life will synergize around it.

'Service + Significance = success.' - Oprah

What do I have the power to change?  
If I'm not feeling happy or if my life/path/purpose no longer feels right or feels like it might not be the answer anymore...what can you do?  
How can you pivot?

### Simple steps to action

Make a list for 1 x week (just before you sleep) of the things that made you happy that day. Conversations, nature walks, a friends laugh, a stranger tell a story, an amazing dinner etc. At the end of the week, look back and reflect what you've written and aim to do more of the same.

Look at the talents and skills you offer the world and then highlight the ones that MAKE YOU HAPPY. Even if these skills aren't currently making you the most money or you are unsure of the pathways moving forward within it, just start doing "it" more. Start practicing the things you love more and the 'unknowns' will start to present themselves. Just start and don't look back....

Look around your 'everyday' and pull your choices back to a really basic list. Even if its short term – what do I need to survive at this point?  
Once you are able to create space in your world and eliminate as much access as possible, you can start to rebuild with the things, people, tasks

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