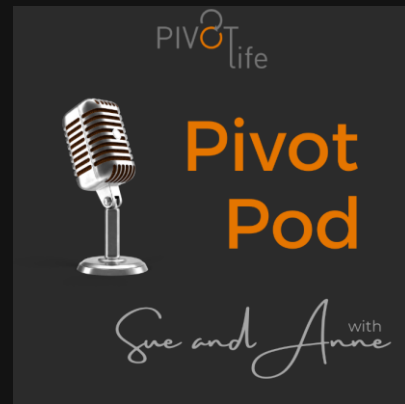


## Episode # 26 Pivot Point Story: George Landy

The day I wanted to win the race, but I actually won my life back

George's pivot was on the back of a period of being so busy she experienced deep fatigue. She was scrambling to find her level of creativity in a job that caged her in and a life that was lacking in the joy she wanted. The messages she missed along the way were elevated to one big moment when she broke her collar bone on a Mountain bike race in Tasmania, from that point forward she forged her new life.



### Top Tips

### Simple steps to action

Connect with your passions

What makes your heart flutter, your body feel energized and your mind go into flow?

Clarify your purpose

Prioritise your values:  
What is important to you?  
What contribution do you want to make?

Believe you are worth creating what you want

Get clarity on what you want to create.

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